

Profile

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&



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BACKGROUND AND PERSONAL INFORMATION ABOUT ANDELINE

I was born on 17 February 1972 as the second youngest of seven children. My mother was a domestic worker, my father worked as a builder. My mother raised us all alone when my father abandoned us. She was a great mother, was very strict, had great wisdom and was the rock of our family until she passed away fifteen years ago.

I grew up with severe low self-esteem that originated when I was only four years old. Words that were meant to discipline: "Stop it, you ugly thing!" marked the beginning of twenty-two years of suffering from self-doubt and pleasing other people.

I am an Inspirational Speaker / Trainer, a Psychology student and founder of In-Law Support. I am registered as a counsellor with the Council for Counsellors, **Reg. No. IR0459**.

ACCOMPLISHMENTS

I have overcome severe low self-esteem. Since then, I'm on a mission to show my mettle in convincing as many people as possible that they were meant to feel good about themselves.

I have self-published a book titled: **Success; it's your choice** as well as a program, titled: **How to improve self-esteem**. Both titles were approved for the school curriculum (Life Orientation) in the majority of the provinces around the country in 2006. The latest program I have developed is titled: **How to release extreme anger**.

PROUDEST MOMENTS IN MY CAREER

Guest speaker at the first event for Women in Business, hosted at Fancourt by ABSA Bank in George on 16 September 2005.

Guest speaker at The Old Mutual Award Ceremony for their Top 25 Financial Advisors in Gauteng, hosted at Monte Casino on 21 March 2009.

Being chosen as a Mentor in the Mentorship Programme on www.Destinyconnect.com and www.Destinyman.com.

ANDELINE'S MOTIVATIONAL TRAINING

Andeline's Motivational Training was established in 2004. Since its beginning, the organisation was involved in various community upliftment projects in George. These include talks on Self-esteem at various schools and at Correctional Services, free pamper sessions for the elderly at Rosemoore Old Age Home, talks at the SANTA TB Hospital and to staff members at the George Hospital, to name but a few.

After moving to Gauteng, Andeline's Motivational Training continued the work with offenders at Johannesburg. Correctional Services. Because of the service we provided, we were approached by Krugersdorp Correctional Services to start the program there as well. We're planning to do this as from next year.

We are planning to host regular workshops on **Self-esteem and Assertiveness** and **How to release extreme anger** – especially for the corporate market.

WELLNESS & NETWORKING EVENT FOR WOMEN

Because of my Passion for health, well-being and general women's issues, the organisation recently launched the Wellness & Networking Event for Women. It is my dream to take this event around the country as from next year. The first event took place on Saturday, 31 October 2009 at Mercedes-Benz, Bedfordview.

Some feedback

It's great to receive all the fantastic feedback, but I am well aware of the fact that this event wouldn't have been possible without the generosity of all the sponsors and contributors, not to mention the delegates who supported me by buying a ticket.

I am extremely grateful and all of you are inspiring me to go out there, trying to make a bigger difference in this world – something that will contribute to the greater good of humanity. And I thank you from the bottom of my heart.

"Andeline and Otto, congratulations with your great achievement. The day was a huge success. Andeline, you will still make it very far and achieve great things with your can-do spirit. You and your husband are a great team. Otto, you were a fantastic MC."

Dr. Smal – Developmental Institute for the Deaf and Blind.

"Andeline congrats on a truly successful event and thank you very much for inviting me. Wishing you all the best and will catch up with you on Monday."

Ms. Keiser - Marketing Manager, Mercedes-Benz East

"Well done, Andeline."

Masithokoze Moyo – The Masithokoze Foundation.

"Andeline, you have done extremely well. It was a truly fabulous event. Thank you."

Mpho Charles – The Business Women's Association, Soweto

"Very professionally arranged and presented. Thank you very much."

Sr. Tersia Van Dyk. - Intercare Wilgeheuwel, Lifestyle Crossing.

"Well done! I learnt a lot about who I am, passion, and purpose. I realise that I am important, that I matter. The yoga session was also very good. I am actually considering taking up yoga."

Buhle Nomabunga – Credit Manager, Nedbank Credit

"Andeline, congratulations with a truly successful event. We should keep in touch because I would like to talk to you about a project that we could do together. Let's make time to discuss this in more detail."

Loren Schiebe – Director, HRD in Healthcare

"It's true what they say that dynamite comes in small packages. Andeline, it was a truly great event. You must have put in a lot of work to be able to give us goodie bags with such great products. Thank you."

Julie Hardman - Financial Advisor, Jade Orchid Business Solutions

"Andeline, it was a fantastic event. Well done. Giving away the midweek break, just emphasize your commitment to making delegates feel they matter and have value."

Julia, Pharmacist, OTC Pharma

"Andeline it is hard to believe that this is your first event. Wow! Congratulations you have done well! I would love to hear more of you next time, how you managed to overcome low self-esteem and lack of assertiveness. It was an excellent and well organised event."

Audrey Botha – Pharmacist – OTC Pharma, Cape Town

"Thank you. It was excellent and truly educational."

Duifie Potgieter

"Andeline, thank you so much for an awesome event! The networks are invaluable. As discussed, Incolabs will partner with you via product sponsorship at all your events; and Gcamile Brand Solutions will partner with a Personal Branding Presentation."

Khosi Matsipa - Marketing Director, Incolabs

IN-LAW SUPPORT



Andeline is the Founder of the newly registered NPO, In-Law Support 070-849.

Oprah Winfrey has this beautiful saying: **"Turn your pain into something powerful."**

"This is what I'm striving to do with my life".

In-Law Support provides **FREE** counselling and support to ALL people with difficult In-Law relationships.

The second objective of the organisation is to make a contribution towards improving race relationships in South Africa.

Visit our website on www.inlawsupport.com. The physical address is: Dale Lace Avenue, Randparkridge, Johannesburg.

It is our dream to establish branches in all the provinces around the country.

After three radio interviews (SAFM – 05 October 2009, Afrikaans radio station RSG - 06 October 2009 and on Talk Radio 702 / Cape Talk - 05 November 2009) the workload has certainly increased. We have received "cries for help" and provided support and counselling to people around the country via email or on the telephone.

We are happy to report that we have also received a compliment from someone in Beaufort West who thanked us for the service we provide. As they've put it: *"Thank you for saving my marriage."*

We are currently planning various information sessions where we will also talk about the selection criteria for voluntary counsellors.